

# Dr Philip Dalton

Orthopaedic Surgeon  
Knee, Hip and Shoulder Surgery

Senior Lecturer  
University of Qld

BPhy (Hons), MMedSc, MBBS (Hons),  
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Also visiting:  
Sunnybank Private Hospital  
Mater Private Hospital Redlands

## SURGERY INFORMATION:

### Process:

Dr Dalton will discuss with you the expected benefits as well as risks or possible complications of surgery. You will have an opportunity to ask questions and consent forms will be explained and signed. If after leaving the rooms you have further concerns or questions please contact my rooms. If it is simple question we may be able to answer this over the phone. If there are more detailed concerns or questions we may need to make a further consultation time.

On the day of booking surgery you will be given details on the date and approximate time of surgery, when to fast from and when to arrive at hospital. Generally fasting times (nil by mouth including food and water) are 6 hours before the expected start of surgery.

### Post operative appointment:

On the day of booking your surgery we will give you a post operative appointment time approximately 10-14 days post surgery (hip replacement patients are generally seen 6 weeks post surgery). If there is any confusion about this appointment please call my rooms to clarify.

### Blood thinning medications:

There are numerous medications that thin your blood and make you bleed more following surgery. If you are taking any of the following medications or tablets please inform Dr Dalton as they need to be stopped prior to surgery. The tablets include: **warfarin**, **claxane**, **clopidogrel (iscover or plavix)**, **asprin**, **anti-inflammatory medications (eg nurofen)**, **glucosamine or fish oils**.

### Blood clots:

Surgical procedures and spending time in Hospital can put patients at risk of developing blood clots in the legs (deep vein thrombosis or DVT). Some patients have a **past personal or family history** of DVT which can put them at risk for developing a further DVT. Other risk factors can include periods of **immobilization**, **birth control medications (including the oral contraceptive pill – OCP) & cancer**. If you have any of these risk factors please inform Dr Dalton and a strategy to lower your risk can be determined. Some surgeries require patients to have blood thinning medication post operative (injections or tablets) and Dr Dalton will discuss this with you.

### Day of surgery

On the day of surgery please remember:

1. Turn up on time to the Hospital
2. Fast as instructed
3. Bring your XR's or MRI
4. Notify hospital staff of any Allergies

**IF YOU ARE UNABLE TO KEEP YOUR SURGERY BOOKING OR HAVE ANY QUESTIONS PLEASE CALL MY ROOMS**